

Montana Medicaid and Healthy Montana Kids *Plus* Messenger

Issue 2, October 2016

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Dental Service Limits

Effective July 1, 2016, the limits for dental treatment services for Medicaid members were reset to \$1,125. This will cover the time period of July 1, 2016-June 30, 2017. Paid claims for diagnostic, preventive, denture and anesthesia services do not accumulate toward this dollar limit. Treatment services generally include fillings, crowns, root canals and extractions. For more detail on treatment services and to check on the service limit totals accumulating toward the

\$1,125 limit, call the Medicaid/HMK *Plus* Member Help Line at 1-800-362-8312.

October is Breast Cancer Awareness Month

Breast health is important for women of all ages. Women should pay attention to their breasts and establish what is normal so they are able to identify changes. Women should talk to their doctor if they have had any changes in their breasts, or if breast cancer runs in their family. He or she may recommend screening for breast cancer before age 40, or more often than usual.

Breast cancer screening means checking a woman's breasts for cancer before there are signs or symptoms of the disease. A mammogram is an X-ray of the breast. Mammograms are the best method to detect breast cancer early, when it is easier to treat, and before it is big enough to feel or cause symptoms. The likelihood of surviving breast cancer increases when the cancer is detected at an early stage. In Montana, an average of 800 women are diagnosed with breast cancer each year. Nearly 90% of women in Montana with localized

breast cancer (not invading the surrounding tissue) survived at least 10 years after diagnosis, while fewer than 10% diagnosed with distant breast cancer (spread from the original tumor) survived 10 years. Women who are 40 to 49 years old should talk to their doctor or other health care professional about screening for breast cancer. Women who are 50 to 74 years old and are at average risk for breast cancer should get a mammogram every two years.

For more information see <http://www.cdc.gov/cancer/breast/pdf/breastcancerfactsheet.pdf>.

Tobacco Cessation Resources

If you or a family member is currently a tobacco user, the following services are available.

Montana Tobacco Quit Line Benefits:

- Free personalized quit plans;
- Inter-active coaching from trained professionals;
- 8 weeks of free Nicotine Replacement Therapy (Patches, gum or lozenges);
- Specialized programs for pregnant women; and

- Culturally sensitive coaching for American Indian callers with a traditional relationship with tobacco.

Benefits available to Medicaid members include:

- 2 covered smoking cessation trials per year;
- 4 months of free Bupropion with a prescription from your provider;
- 6 months of free Chantix with a prescription from your provider; and
- 4 months of free Nicotine Replacement Therapy.

In order for members to be best served by all of the available benefits, the MT Tobacco Use Prevention program recommends using Medicaid prescription benefits in combination with the Montana Tobacco Quit Line quit plan and coaching. Smoking is the leading cause of preventable death in the United States; we hope that members will take this opportunity to improve their health and the health of those around them. To get started today, please call 1-800-QUIT-NOW!

Missed or Canceled Appointments

When members do not show up for a scheduled appointment, it creates an unused appointment slot that could have been used for another member. It is very important to keep appointments and call the provider in advance if you cannot make it to a scheduled appointment.

Medicaid providers cannot bill a member for no-show/missed appointments. However, a provider may discharge a

member from their practice after so many no-show/missed appointments. The provider must have the same policy for Medicaid members as non-Medicaid members, and must notify Medicaid members that the policy exists.

It's the Members Choice!

Most Medicaid members are enrolled in the Passport to Health (Passport) program. Members enrolled in the Passport program need to select a primary care physician (PCP) within their choice (enrollment) period. Members who do not choose a Passport provider will have one chosen for them.

Once enrolled with a Passport provider members may change their PCP up to once a month.

To enroll or change Passport provider's members may call the Medicaid/HMK *Plus* Member Help Line at 1-800-362-8312, available Monday through Friday, 8 a.m. to 5 p.m.

Members may also enroll or change providers online at <http://mtpassport.com/>.

Key Contacts

Medicaid/HMK *Plus* Member Help Line for questions regarding benefits, copayments, or Passport to Health.

1-800-362-8312

<http://dphhs.mt.gov/MontanaHealthcarePrograms>

Nurse First Advice Line for questions when you are sick, hurt, or have health questions.

1-800-330-7847

<http://dphhs.mt.gov/MontanaHealthcarePrograms/NurseFirst.aspx>

Montana Relay Service for the deaf or people hard of hearing.

1-800-253-4091 or 711

Montana Public Assistance Help Line for eligibility questions.

1-888-706-1535

<http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance.aspx>

Transportation Center for questions regarding travel or approval. **Call before you travel or you may not be reimbursed.**
1-800-292-7114

To find more information about covered and non-covered services, copayment information, Early Periodic Screening, Diagnosis and Treatment (EPSDT) services, and member education visit the member page at <http://dphhs.mt.gov/MontanaHealthcarePrograms>.